

Oral Toxicology Sample Collection

Suggested Collection Procedure:



- Check the identity of patient (driver's license or picture I.D.).
- Ask the patient to remove any unnecessary outer clothing. Personal belongings should be placed in a secure location outside the bathroom area.
- Prior to collection, ask the donor to wash their hands to eliminate any possible adulterating or contaminating substances from hands.



Oral Collection Procedure:

Place the following information on the specimen container label:

- Time and Date of collection
- Date of Birth
- Donor's first and last name/or identification numbers
- Collector's initials
- Peel label from requisition form and place on the **PRIMARY CONTAINER** of the oral swab. **DO NOT place the label on the secondary bag.**

Observe the entire collection process to ensure that the subject Does not alter the specimen.

Completing the Toxicology Requisition Form:

Sections 1-9:

- Required Attachments:** You may attach the patient demographic sheet, which provides the information needed in section 2 (patient information) and 7 (Patient medications) and does not need to be filled out by hand. Please attach a copy of the patient insurance card – front and back.
- Patient Information:** (If not attached) please fill out this section. *NOTE: the SSN is optional.*
- Specimen information:** please complete this section.



- Medical Necessity:** please select one of the boxes, if applicable. If not, please use the "other" section to write in specific medical necessity.
- Diagnosis Codes:** Please select (if applicable) from the frequently used diagnosis codes provided. OR fill in patient specific diagnosis codes in the blank spaces provided.
- Testing:** Select one of the four testing options (Standard, Comprehensive, Custom or Perform Testing Selected Below) These panels are listed on the back of requisition form for reference.
 - When selecting, "Perform Testing Selected Below," please select the testing you would like performed from the list provided in section 6.
- Patient Medications:** If you have not attached a patient medication list, please select the current medications prescribed or OTC. Select no prescribed medication if applicable
- Patient Signature Required.**
- Practitioners Signature Required.**



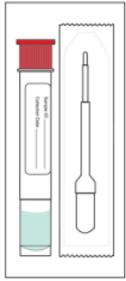
Specimen Processing:

- Transport:**
 - Place the oral swab specimen into biohazard bag and seal bag. Place Requisition Form into the side pocket of biohazard bag.
 - Place all specimens to be shipped to Vibra Health Lab into pre-labeled laboratory shipping pack.
 - Ship to the laboratory at room temperature.
- Storage & Transport Temperature:** Refrigerated is preferred or room temperature.
- Specimen Stability: 7 days** at room temperature.
- Rejection Criteria:** Stability limits exceeded, <2 identifiers, spilled specimen.



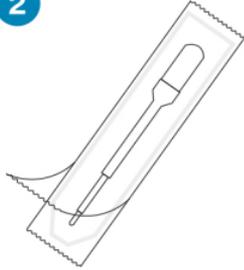
How to Collect an Oral Specimen

1



Check expiration date on Quantisal packaging and ensure donor has refrained from consumption of food or beverage for 10 minutes prior to specimen collection.

2

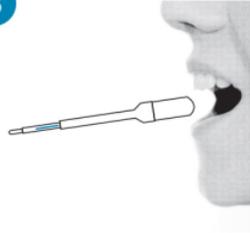


Instruct donor to peel open package and remove collector.

Have donor move tongue side to side to accumulate saliva in his/her mouth before starting to speed up the collection.

Keep the tip of the device pointed down.

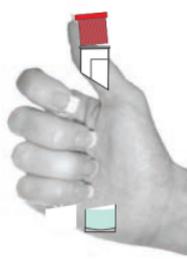
3



Instruct donor to position collector under tongue and close mouth. **Keep head down to allow gravity to help with saliva collection.**

IMPORTANT - ensure donor does not chew on pad, talk or remove collector from mouth until indicator turns **BLUE**, or until 10 minutes has elapsed.

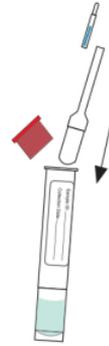
4



Instruct donor to hold transport tube in an upright position and uncap by pushing up with thumb(s).

- Do not stand tube on table.
- Do not spill or empty liquid from tube.

5



Instruct donor to insert collector into the uncapped transport tube and replace cap.

6



SNAP CAP firmly for transport. Place center of specimen seal on top of tube and press down both sides. Complete paperwork and send sample to laboratory.