



Directions for Genetic Medication Response DNA Sample Collection

STEP 1

Complete Vibra Health Lab Medication Response Requisition form- sections 1-8.

Section 1:

a. You may attach patient demographic sheet with insurance information. If demo sheet is attached, you do not need to fill in section 2.

b. A scanned copy of insurance card (front and back) is **required**.

Section 2: Please fill in patient information and insurance information if demo sheet is NOT attached. (Note) Social security number is optional.

Section 3: Please indicate sample type and fill in specimen collection date.

Section 4: Diagnosis codes are **required**. Please fill in applicable codes. A list of commonly used diagnosis codes are listed on back of form.

Section 5: Please fill in patient history, applicable to test.

NOTE: Indicating past medication failures aids in insurance approval.

Section 6: Please select the necessary test panel for patient.

NOTE: The comprehensive panel includes psychotropic, pain, and cardiovascular panels.

Section 7 & 8: Patient and authorized provider signatures required.

STEP 2

Instruct patient to abstain from any kind of eating, drinking, smoking, or chewing gum for at least 30 minutes prior to swab collection.

STEP 3

Tear open pouch. Remove plastic vial containing buccal swab from pouch. Fill out DOB on both barcode stickers provided in kit. Apply one completed barcode sticker to requisition form and one completed sticker to swab vial.

STEP 4

Twist open the plastic vial containing the sterile buccal swab. A single buccal swab is included per vial; carefully hold the stem of the swab and do not touch tip with fingers or surfaces.

STEP 5

Take the DNA collection.

a. Swab the right side of patient's cheek 20 times in a brushing motion while rotating the swab. Proceed to swab along the top gum line to ensure that all sides of the swab are touched.

b. Repeat swabbing process on the left cheek.

c. Return the swab immediately back into the plastic vial and screw lid tight.

NOTE: Use firm pressure, there should be a bulge in cheek when swabbing.

STEP 6

Place the plastic vial and patient Requisition Form into the biohazard bag.

Place all specimens to be shipped to Vibra Health Lab into pre-labeled UPS laboratory shipping pack.

NOTE: Pharmacogenetic buccal swab specimens are stable at room temperature for 90 days from collection date.